

# LIST OF ITEMS FOR THANKSGIVING BASKET

Below is your suggested shopping list of items needed for your Thanksgiving dinner. Feel free to add items to this list. Please avoid all perishable items such as fresh produce, milk and eggs.

- Turkey
- Durable (non refrigerated) veggies: onions, carrots, potatoes, yams, etc.
- Corn bread mix
- Canned vegetables (4)
- Boxed mashed potatoes or 5lb bag of potatoes
- Stuffing mix
- Gravy mix or canned gravy
- Loaf of bread or rolls
- Cake mix with icing
- Macaroni and cheese
- Iced tea, apple juice or juice mix
- Canned fruit cocktail

Enjoy your shopping! Think of leaving a note for your sponsored family wishing them a Happy Thanksgiving. Maybe print out some of your favorite healthy holiday recipes and include them in your basket. **Thank you for making a difference in your community!**

**Please return all items to the YMCA by Thursday, November 15.**

If you are available to help us deliver baskets please join us the morning of November 17 for breakfast and we will deliver them to the families together!

If you're unable to shop,  
we can do the shopping for you!  
**THANKSGIVING BASKETS  
VALUED AT \$100**



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VALLEY OF THE SUN YMCA