



GYM SCHEDULE

Legacy Foundation
Chris-Town YMCA
February 2019

FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

| Schedule is Subject to Change | SUNDAY | | MONDAY | | TUESDAY | | WEDNESDAY | | THURSDAY | | FRIDAY | | SATURDAY | | | | | | | | | |
|-------------------------------|----------------------------|-------|--|-------|--|-------|--|-------|--|-------|--|-------|---------------------|-------|---------------------------|--|---------------------------|--|---------------------------|--|---------------------------|--|
| | NORTH | SOUTH | NORTH | SOUTH | NORTH | SOUTH | NORTH | SOUTH | NORTH | SOUTH | NORTH | SOUTH | NORTH | SOUTH | | | | | | | | |
| 5AM-6AM | FACILITY CLOSED | | Open Gym (5am-3pm) | | Open Gym (5am-3pm) | | Open Gym (5am-3pm) | | Open Gym (5am-3pm) | | Open Gym (5am-8am) | | FACILITY CLOSED | | | | | | | | | |
| 6AM-7AM | | | | | | | | | | | | | | | | | | | | | | |
| 7AM-8AM | | | | | | | | | | | | | | | | | | | | | | |
| 8AM-9AM | | | | | | | | | | | | | Tai Chi (8am-10am) | | Tai Chi (8am-10am) | | Tai Chi (8am-10am) | | Tai Chi (8am-10am) | | Tai Chi (8am-10am) | |
| 9AM-10AM | | | | | | | | | | | | | | | | | | | | | | |
| 10AM-11AM | | | | | | | | | | | | | Open Gym (12pm-4pm) | | Gym Rental No Open Gym | | Gym Rental No Open Gym | | Gym Rental No Open Gym | | Gym Rental No Open Gym | |
| 11AM-12PM | | | | | | | | | | | | | | | | | | | | | | |
| 12PM-1PM | Adult PickUp Ball 12pm-1pm | | Adult PickUp Ball 12pm-1pm | | | | | | | | | | | | | | | | | | | |
| 1PM-2PM | | | | | | | | | | | | | | | | | | | | | | |
| 2PM-3PM | | | | | | | | | | | | | | | | | | | | | | |
| 3PM-4PM | | | | | | | | | | | | | | | | | | | | | | |
| 4PM-5PM | FACILITY CLOSED | | Youth Sports No Open Gym (5pm-9pm) | | Youth Sports No Open Gym (5pm-9pm) | | Youth Sports No Open Gym (5pm-9pm) | | Youth Sports No Open Gym (5pm-9pm) | | Youth Sports No Open Gym (5pm-7pm) | | FACILITY CLOSED | | | | | | | | | |
| 5PM-6PM | | | | | | | | | | | | | | | | | | | | | | |
| 6PM-7PM | | | | | | | | | | | | | | | | | | | | | | |
| 7PM-8PM | | | | | | | | | | | | | | | | | | | | | | |
| 8pm-9pm | | | | | | | | | | | FACILITY CLOSED | | | | FACILITY CLOSED | | FACILITY CLOSED | | FACILITY CLOSED | | FACILITY CLOSED | |
| 9PM-10PM | | | | | | | | | | | | | | | | | | | | | | |