



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



Join the Club
& Maximize your membership!
Work out 180 days in 2018 and be
inducted into the DFFY "180 Club".

1. Workouts will be counted by days and must happen at the Desert Foothills Family YMCA., proven by member check-in. (Three swipes in one day equals one day!)
2. We depend on the honor system for you to actually be working out! (Your health will thank you!)
3. You must meet the number of days by the date specified to earn a prize, no less.
4. Workout days that are a part of a program, such as Boot Camp, personal trainings and group fitness count towards your goal!
5. Other special incentives and challenges may occur throughout the year.

*Reach 180 days by 12/31/18 and receive a t-shirt with the 180 Club logo! *Reach 90 days by 7/1/18 and receive a shaker water bottle!

Registration Form (one form per person)

FREE! Registration opens 12/26/17. Must be registered by 1/31/18. Ages 16+ . Members only.

Name: _____ Male Female

Birth Date: _____

Address: _____ City: _____ State: _____ Zip: _____

Home # _____ Cell# _____ Email _____

T-Shirt Size: (circle one) Men/Unisex Fit Women's Fit (circle one) XS S M L XL XXL XXXL

I would like to make a gift to help a child participate in Y programs. I am adding \$_____ to my registration for the DFFY Annual Campaign.

I hereby register for the DFFY 2018 "180 Club". I allow the DFFY to seek emergency care for me if required. I also grant the DFFY permission to use photographs of me in promotional material such as brochures, ads, websites or newspaper releases. I will not be informed or reimbursed for such photographs.

Name _____ Date: _____

Signature: _____

STAFF USE ONLY: FIT18 Date: _____ Amount _____ Staff _____