



SCOTTSDALE/PV YOUTH FACILITY GUIDELINES

AGES	BUILDING ACCESS	TECH CENTER	BASKETBALL GYM	POOL	JUMP START ROOM	FITNESS FLOOR	GROUP FITNESS CLASSES	RACQUETBALL COURTS
AGES 7 & UNDER	WITH PARENT IN FACILITY	YES...WITH ADULT SUPERVISION	YES...WITH ADULT SUPERVISION	YES...WITH ADULT IN WATER	NO	NO	NO...EXCEPT IN SUPERVISED YOUTH PROGRAM	WITH ADULT SUPERVISION OR IN SUPERVISED YOUTH PROGRAM(S)
AGES 8-11	WITH PARENT IN FACILITY	YES	YES	YES... MUST PASS SWIM TEST (PARENT IN FACILITY)	YES...WITH ADULT SUPERVISION	YES... SEE BELOW FOR MORE INFORMATION*	YES... SEE BELOW FOR MORE INFORMATION**	WITH ADULT SUPERVISION OR IN SUPERVISED YOUTH PROGRAM(S)
AGES 12-13	YES	YES	YES	YES	YES	EVERYTHING BUT FREE WEIGHTS	YES...WITH ADULT SUPERVISION	YES
AGES 14-17	YES	YES	YES	YES	YES	YES	YES	YES

***Youth ages 8-11 use of Fitness Floor:** Youth & Parent(s) must complete a fitness orientation. After the orientation youth will only be allowed to access the treadmills, stationary bikes, and Jump Start room until age 12. Parent(s) must be working alongside their child at all times.

**** Youth ages 8-11 participation in Group Fitness Classes :** Youth ages 8-11 are welcome to participate in Zumba, Yoga, and Jump Start classes with an accompanying adult.

Below is a list of the included programs the YMCA offers to help youth thrive:

Amazing Kids (AK): This is a complimentary service to our members who have Family memberships. Ages 3 months to 8 years are welcome to partake in this program. Here they will interact with other kids through a free play based program. 2- Hour maximum per day/child.

Club 5-11: Club 5-11 is the perfect fit kids as they grow beyond the AK program. Youth will check in at AK and will move throughout the building with staff supervision. Areas include tech center, jump start room, lobby, gym, and racquetball court. 2- Hour Maximum per day/child.

Tech Center: Our tech center is a place where members can utilize computers with internet access in a safe environment. All of our computers are censored with restricted internet access ensuring that only appropriate content is shown.

Beyond these programs the YMCA offers a variety of Youth Programs: Aquatics, Before/After School Care, Day camp, Teen Program(s), Preschool & Youth Sport.

See the Front Desk for more details!