



# YUMA FAMILY YMCA JANUARY

FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## MEMBER BENEFITS

GET THE MOST OUT OF YOUR MEMBERSHIP WITH THESE PROGRAMS



### NEW EQUIPMENT COMING IN JANUARY

Kick your New Year off right by trying one of our new treadmills!

### TEMPERATURE COMING IN JANUARY

•New thermostats will be installed in January allowing us to change the facility temperature without having to call the AC Company! We will soon be able to make immediate changes to make sure you are all comfortable!



### PARENT'S NIGHT OUT

JANUARY 19 | 5:00PM-9:00PM | SATURDAY

Hey Parents! Do you need a few kid-free hours? Sign up for Parent's Night Out! We will serve pizza, plus the kids will have lots of fun with games and crafts. FREE with family membership. \$35.00 non members, must be registered to attend.

- Must be registered to attend. •Registration opens 1/1/19.
- Ages potty trained to 11
- Please register online or at the front desk.

### BABYSITTING CERTIFICATION

JANUARY 12 | 9:00AM - 3:00PM | SATURDAY

Class provides fundamental information in the business of babysitting, proper supervision, basic caregiving skills.

- \$45 or \$35 for Y Members
- Ages 11+
- Please register online or at the front desk.

### MODEL COURT

MONDAYS | 4PM - 5PM

This is a continuation of our Youth & Government legislative program that allows middle and high school students the opportunity to learn first hand how the government operates at every level. Participants learn the importance of civic participation and engagement through hands-on activities. Students learn by doing, as they take on the roles in our government to solve the issues that face our communities. Model Legislation will be held at the Arizona State Capital where the students will take over for a day. The students will create bills, lobby and more!

- \$35 or FREE for Y Members
- Ages 7th -12th Grade
- Please register online or at the front desk.



### TUMBLING 1

SATURDAYS | 10:00AM-11:00AM

Children will learn beginning fundamentals of gymnastics and tumbling through floor exercises & skill building techniques in a fun environment. Children will also be able to make new friends and learn to follow instructions. AGES Toddler +

### TUMBLING 2

SATURDAYS | 9:00AM-10:00AM

Tumble 2 is for boys and girls who have graduated from Tumble 1, or those who already know how to properly perform a cartwheel and are ready for a more advanced class. Students will continue to learn the fundamentals of gymnastics. They will be taught to use proper form and safety.

This class is designed to get your kids active while improving coordination, strength and motor skills. AGES 5+

### SHORT SPORTS

SATURDAYS | 10:00AM-10:45AM

Your kids will love our instructional sports program that will introduce them to the fundamentals of all sorts of sports! The YMCAs four core values— respect, responsibility, honesty, and caring — are infused into every class so that kids focus on the value of sportsmanship as well as the basic fundamentals. AGES 2-3

### LIL' SHOTS SOCCER LEAGUE

SATURDAYS | 11:15AM-12:15PM

Our Pre-K soccer league is a high energy program introducing children to the fundamentals of soccer principals, such as using your feet, dribbling and the basic rules of the game in 5 player teams. The YMCAs four core values— respect, responsibility, honesty, and caring — are infused into every class so that kids focus on the value of sportsmanship with every game played. AGES 3-5

### AUZA APPLICATORS GOLF TOURNAMENT

FRIDAY, FEBRUARY 1ST | 7AM-2PM

4 Person Shamble \$125 Entry fee & Cash Prizes

Includes: Green Fees, Cart, Lunch, Mulligans, Skins, Golf Shirt & Free Drinks. \$1,000 Prize

1st Place Team Lunch & Awards after the tournament

Register Online:

[www.auzaapplicatorsgolf.com](http://www.auzaapplicatorsgolf.com)

Contact Edith Benavides for more information:

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928-627-7024 or 928-317-0522

